# SOCIOMETRY

## CORE CLASSES

### FRESHMAN
- SOC 104: Introduction to Sociology
- STAT 108: Elementary Statistics

### SOPHOMORE
- SOC 225S: Social Issues and Action Service Learning
- SOC 282L: Sociological Statistics Lab

### JUNIOR
- SOC 303*+303M: Race and Inequality
- SOC 310: Sociological Theory
- SOC 372: Proseminar (resumes, networking, interviewing) OR SOC 472: Grad School Planning

### SENIOR
- SOC 410: Criminological Theory

### CAREER PLANNING
- Courses + activities to prep for career/ed goals
- Visit the Academic & Career Advising Center
- Get involved! Join clubs + volunteer

### CAREER PLANNING (pick 1)
- SOC 482: Internship
- SOC 492: Senior Thesis

### NEED 16 UNITS TOTAL: *NO MORE THAN 8 UNITS OF UPPER DIVISION SOC WITH GE DESIGNATIONS COUNT TOWARD MAJOR

### INEQUALITIES & CHANGE
- SOC 305: Global Transformations
- SOC 305M: For majors
- Economic, political, social, and ecological dimensions of globalization
- SOC 316: Gender and Society
- Gender dynamics from the individual to institutions and structures (Meets a DCG requirement)
- SOC 321: Sociology of Sport
- Processes, patterns, issues, and values
- SOC 466: Migration and the Global Economy
- Political economy of migration, criminalization, of movement
- SOC 350: Social Movements
- Causes, activities, successes & failures of U.S. and global social movements

### ENVIRONMENT
- SOC 302: Forests and Culture* +SOC 302M: For majors
- Relationships between human civilizations and nature/forests
- SOC 320: Environmental Sociology
- Examines the dynamics of the "natural environment" and society
- SOC 363: Environmental Crime
- Applying criminal justice to the natural environment; legal, social perspectives
- SOC 370: Environmental Inequality and Globalization
- Examines environmental justice and inequality on a global level.

### COMMUNITIES & IDENTITY
- CRIM 420: Drugs and Society
- Social/historical process shaping drug policy
- SOC 306: Changing Family* + SOC 306M: For majors
- Examines family as a pivotal institution in cross-cultural and U.S. perspectives
- SOC 308: Altruism and Compassion* + SOC 308M: For majors
- Creating a more caring society by understanding motivators
- SOC 330: Social Deviance
- Studying "outsiders" by virtue of age, race/ethnicity, sexuality, ability, etc.
- SOC 411: Popular Culture
- Popular culture as an important arena of social and political struggle
- SOC 475: Community Organizing
- Theory & practical skills for organizing community in social & economic justice

### SOCIOLOGY MINOR: REQUIRED COURSES
- SOC 225S: Social Issues and Action (4 units)
- SOC 382: Introduction to Social Research (4 units)

### PLUS 12 UNITS OF UPPER DIVISION SOC COURSEWORK.

### SOCIOLOGY MINOR: REQUIRED COURSES

### MINOR

### SOCIETY MINOR: REQUIRED COURSES

### SOCIETY MINOR: SOCIOMETRY

### SOCIETY MINOR: CAREER PLANNING

### SOCIETY MINOR: CAPSTONE

### SOCIETY MINOR: COMMUNITY & IDENTITY

### SOCIETY MINOR: ENVIRONMENT

### SOCIETY MINOR: INEQUALITIES & CHANGE

### SOCIETY MINOR: MINOR

### SOCIETY MINOR: REQUIREMENTS

### SOCIETY MINOR: VERY CORE CLASSES

### SOCIETY MINOR: 1 EACH + 1 MORE

### SOCIETY MINOR: KNOWLEDGE BASED REQUIREMENTS

### SOCIETY MINOR: NEED 16 UNITS TOTAL: *NO MORE THAN 8 UNITS OF UPPER DIVISION SOC WITH GE DESIGNATIONS COUNT TOWARD MAJOR

### SOCIETY MINOR: INEQUALITIES & CHANGE

### SOCIETY MINOR: ENVIRONMENT

### SOCIETY MINOR: COMMUNITIES & IDENTITY

### SOCIETY MINOR: CAPSTONE (pick 1)

### SOCIETY MINOR: SOCIETY MINOR: SOCIOMETRY

### SOCIETY MINOR: CAREER PLANNING

### SOCIETY MINOR: NORTHWEST OF TOWN

### SOCIETY MINOR: GENERAL EDUCATION

### SOCIETY MINOR: IMAGE

### SOCIETY MINOR: USEFUL

### SOCIETY MINOR: IMPORTANT

### SOCIETY MINOR: NOTE TO TRANSFER STUDENTS
# Popular Minors

CRITICAL RACE, GENDER & SEXUALITY STUDIES

CRGS is a major; Dept. offers 3 minor options:
- ETHNIC STUDIES (16 units)
- MULTICULTURAL QUEER STUDIES (16 units)
- WOMEN’S STUDIES (16 units)

POLITICAL SCIENCE (22 units)

Good if considering law school or policy career

PSYCHOLOGY (15 units)

SOCIAL ADVOCACY (18 units)

SPANISH (28 units)

See humboldt.edu/programs for more options!

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## Self-Care

- Take Strength & Fitness, Yoga, Relaxation (PE)
- Unplug and take a hike—or meditate
- Join a Student Club: CJS/SOC Club?
- Volunteer with YES House
- Check out the Brain Booth: Library 2nd Floor
- Counseling services from CAPS
- Health & Wellbeing Resources: wellbeing.humboldt.edu
- Visit Multi-Cultural, Latinx, African American or Women’s Resource Center, ITEPP or INRSEP
- Eat Health: Free Food Daily—RWC Rm 122

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## Course Rotation

### Sociology BA 2 Year Course Offering Rotation Plan

<table>
<thead>
<tr>
<th>CORE REQUIREMENTS</th>
<th>Fall (even)</th>
<th>Spring (odd)</th>
<th>Fall (odd)</th>
<th>Spring (even)</th>
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<td>104 Introduction to Sociology [LD-D0]</td>
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<td>STAT 108 Statistics [LD-B]</td>
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<td>225S Social Issues &amp; Action (Service Learning)</td>
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<td>310 Sociological Theory (Junior/intensive)</td>
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<td>372 Proseminar (Junior/Graduate)</td>
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<td>382 Intro to Social Research (Junior)</td>
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<td>410 Contemporary Social Theory (Junior/Graduate)</td>
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<td>472 Grad School Planning (Graduate)</td>
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<td>Inequalities and Change</td>
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<td>305/M Global Transformations [GE:UD-D]*</td>
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### Environment

| 302/M Forests & Culture [GE:UD-D]*     |             |              |            |               |
| 320 Environmental Sociology            |             |              |            |               |
| 363 Environmental Crime                 |             |              |            |               |
| 370 Environmental Inequality & Globalization |         |              |            |               |

### Communities & Identity

| CRIM 420 Drugs and Society             |             |              |            |               |
| 306/M Changing Family [GE:DCG-d]*      |             |              |            |               |
| 308/M Sociology of Altruism & Compassion [GE:UD-D]* | | | | |
| 330 Social Deviance                     |             |              |            |               |
| 411 Popular Culture                    |             |              |            |               |
| 475 Community Organizing               |             |              |            |               |

### Capstone

| 482 Internship                         |             |              |            |               |
| 492 Senior Thesis                      |             |              |            |               |

Check online course rotation for most up-to-date information: [http://courserotations.humboldt.edu/](http://courserotations.humboldt.edu/)

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